



TRAINER/CLIENT AGREEMENT

I, _____, understand that each training package must be paid for in full before a training session will commence.

I understand that each training session is based on either a 30 minute or a one hour scheduled time slot. The session shall consist of the warm-up, the actual training session, and the cool-down. The trainer shall setup during client warm-up. Client must come prepared with towel, water bottle, comfortable exercise attire, and proper shoes. Sessions will start and end as scheduled. Late arrivals will not be given any extended time and the full session fee is still due unless amended at the discretion of Smith Sports Training.

I understand that I am responsible for informing Smith Sports Training if there are any changes in my health or physical condition. Smith Sports Training has the right to cancel any personal training agreement. In this event, I will receive a refund of all prepaid sessions for those sessions that were unused.

CANCELLATION POLICY _____ (initial)

I understand that I will leave a message for Smith Sports Training at least 12 hours prior to my scheduled session. If the notice is 12 hours or less, I will be charged the full session fee unless amended at the discretion of Smith Sports Training.

I have read, understood, and agreed to the above stated guidelines for Smith Sports training programs.

Client Name (please print)

Signature

Date